



Cardiologists

Cardiac Imaging
Dr Philip Currie
Dr Manali Jain

General Cardiologists
Dr Pasko Dedic
Dr Siang Ung

Interventionalists
Dr Richard Clugston

**Stroke and General
Medicine Physician**
Dr Raj Mehta

For All Appointments & Reports P: 1300 887 997 E: adminteam@cvcs.net.au EDI: hollspec
Direct Line for CVS Bunbury: 08 6389 3585

Patient Name

Date of Birth

Phone

Email

Address

Investigations requested

- 1. ECG (Tracing and Report)
- 2. Echo (Adult & Paediatric)
- 3. Holter Monitor (With 12 Lead ECG)
- 4. Event Monitor (With 12 Lead ECG)
- 5. *Ambulatory Blood Pressure Monitor
- 6. Exercise Stress Test
(Includes a Baseline ECG)
- 7. Stress Echo (Treadmill)
(Includes baseline Echo**)
- 8. Stress Echo (Dobutamine)
(Includes baseline Echo**)
- 9. Transoesophageal Echo (T.O.E.)
- 10. CARDIOLOGY CONSULTATION

Reason
for test

Clinical details

Indications For Stress Echo & Exercise Stress Tests
(please tick one or more options: test does not attract Medicare rebate if none selected).

- Chest Pain
- Exertional Symptoms suggestive of heart disease
- Ischaemic ECG changes
- Functional assessment of CAD detected on Angio/CT
- Pre-op assessment for high risk patient
(Stress Echo only)
- Suspected silent ischaemia (Stress Echo only)
- Suspected heritable arrhythmia
(Exercise Stress Test only)
- Assessment indicates potential non-coronary artery disease & stress echo likely to assist diagnosis (specialist or consultant physician referral only).

Patient history

- Hypertension
- Dyslipidaemia
- Family history
- Diabetes
- Smoker
- Known CAD
- Sleep Apnoea

Current Medications

- Beta Blocker
- Calcium Blocker
- ACE Inhibitor

*Medicare rebate only for patients with newly diagnosed Hypertension - see overleaf for more details

**Baseline echo performed for all stress echos, depending on patient's Medicare eligibility

Referring Doctor

Referring Doctor Signature:

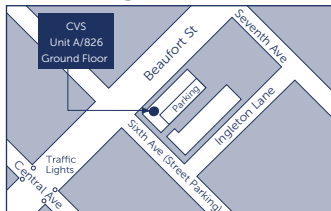
Date:

Copy To:

Your doctor has recommended that you use CVS for your test. Should you wish to use another provider, please discuss this with your doctor first.

Please remember: This referral must be presented at your appointment

Inglewood



Ground Floor, Unit A
826 Beaufort Street
Inglewood WA 6052

PARKING

Free parking available on side streets

Joondalup

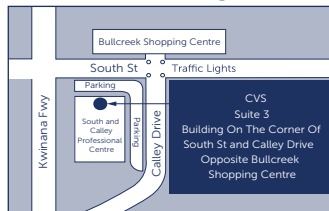


Joondalup Health Campus
Specialist Medical Centre (West)
Suite 205, Level 2
Joondalup WA 6027

PARKING

P1 (Pay as you leave parking) - Enter via Shenton Ave
P4 (Pay and display parking) - Enter via Regents Park Rd
Some free street parking available on Regents Park Rd

Leeming

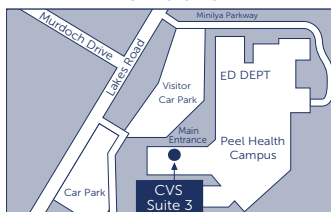


Suite 3, 73 Calley Drive
(Corner of South Street & Calley Drive)
Leeming WA 6149

PARKING

Free parking onsite and opposite clinic,
at Bull Creek Shopping Centre

Mandurah

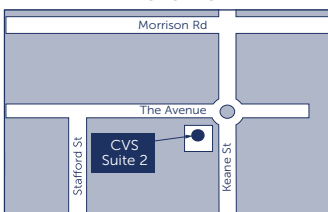


Peel Health Campus
Suite 3, South Consult Suites
110 Lakes Road
Mandurah WA 6210

PARKING

Free parking onsite at
Peel Health Campus

Midland



Suite 2, Midland Professional Centre
9 The Avenue (Corner of Keane Street)
Midland WA 6056

PARKING

Paid parking available on side streets.
Several City of Swan parking facilities are available
off The Avenue, Keane Street, Old Great Northern Hwy
and Stafford Street.

Nedlands

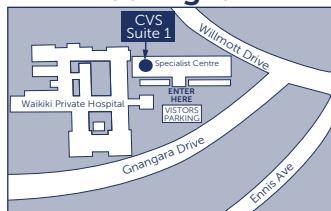


CVS Testing Appointments: Suite 8
CVS Consultant Appointments: Suite 13
Hollywood Specialist Centre
95 Monash Avenue Nedlands WA 6009

PARKING

Paid parking in multistorey carpark via
Entrance 5, Monash Avenue

Rockingham

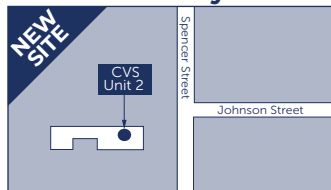


Waikiki Private Hospital
Specialist Centre
Suite 1, 221 Willmott Drive
Waikiki WA 6169

PARKING

Free parking onsite

Bunbury



Unit 2, 138 Spencer Street,
Bunbury WA 6230
Direct line: (08) 6389 3585

PARKING

Free parking onsite

MBS UPDATE TO CARDIAC IMAGING SERVICES

As of 1st of August 2020, changes to the MBS apply to all cardiac imaging services. All patients will be subject to an on-line Medicare eligibility check to determine whether they are eligible for a Medicare rebate for the requested test. Restrictions may apply to frequency of tests, requesting physician and clinical indications specific to requested test.

THE MAJOR CHANGES TO CARDIAC TESTING ARE AS FOLLOWS:

- GPs are able to request repeat or serial transthoracic and stress echos once every 24 months that attract a Medicare rebate. For more frequent serial studies, the request must come from a consultant or specialist physician in order to attract a Medicare rebate.
- Asymptomatic patients and patients who are referred for cardiac 'screening' are not eligible for a Medicare rebate for an Exercise Stress ECG or a Stress Echo. To attract a Medicare rebate, one of the specific indications must be selected on the front page of the request form.
- All stress echos (Treadmill and Dobutamine) performed by CVS will include a baseline echo study, dependent on patient's Medicare eligibility. If the patient is not eligible for a baseline echo, a 'stress portion only' study will be performed.
- Patients who have (or suspected) pericarditis/effusion and patients who are being treated with cardiotoxic medication are eligible for Medicare rebate for serial echo studies requested by any medical practitioner.
- As of 1st Nov 2021, there is a new MBS item for diagnosis of hypertension through Ambulatory BP monitoring. Eligible for Medicare rebate for diagnosis of hypertension only: patient must not have commenced antihypertensive therapy, and must have in-clinic BP of either 140-180mmHg systolic or 90-110mmHg diastolic.

For a full list of all changes, please visit MBS online and contact CVS on 1300 887 997.

CVS
Cardio Vascular
Services

ACN 089 068 897
ABN 43 089 068 897

P: 1300 887 997 (8am-5pm Mon-Fri)
F: (08) 9389 5322
E: adminteam@cvs.net.au
W: cvs.net.au
Healthlink EDI: hollspec
CVS Bunbury Direct Line:
P: (08) 6389 3585

Why has your doctor chosen to refer you to CVS – Cardio Vascular Services?

Because not all medical diagnostics are the same. Your doctor trusts CVS to provide the detailed, accurate information they need to achieve the best outcome for your health.

As of August 1st 2020, The Australian Government has made changes to Medicare funded cardiac imaging services to support high-value care and ensure patients have access to the most appropriate tests for their individual symptoms and conditions.

This will mean that patients will only receive testing when there is a clinical need, and eliminate unnecessary testing.

This approach is aligned with the CVS ethos of outstanding patient care and appropriateness in testing.

These new changes will mean that there is some restrictions regarding certain cardiac testing and the referral method. CVS is here to help you and your referring doctor ensure you get the test that you need.

In order to provide this level of care and exceptional service, some of our testing may attract a private fee.

Your doctor may have already told you what the cost of your tests will be and any Medicare rebate applicable, but if you would like any further information on any aspect of your referral to CVS, please contact us on **1300 887 997** or email adminteam@cv.net.au

CVS

Cardio Vascular
Services

No shortcuts. No compromises. Just exceptional patient care.

DIAGNOSTIC TEST	PREPARATION
<p>Electrocardiogram (12 lead ECG) This simple test involves the application of electrodes (adhesive "dots") to your chest and measures the electrical activity generated by the heart as it contracts. Duration 10-15 mins</p>	<p>No specific preparation required.</p>
<p>Exercise Stress Test This test is as a screening tool for many heart conditions, in particular coronary artery disease. You will walk on a treadmill for 6-10 minutes whilst being monitored by ECG and intermittent blood pressure recordings. Duration 30 mins</p>	<p>Wear loose comfortable clothes (preferably two-piece) and exercise appropriate shoes. Fast for 2 hours prior - no food or drink unless otherwise advised.</p>
<p>Holter Monitor (24 hour monitor) Three ECG electrodes are applied to your chest, connected to a small monitor which will capture every single heart beat for 24 hours. A patient diary is issued for you to document daily activities. A button on the monitor enables you to record any symptoms you may have. Duration — two appointments; fitting time — 30 minutes. Removal — 10 minutes. Monitor is worn for 24 hours</p>	<p>The monitor cannot get wet. No showering or bathing whilst the monitor is connected - we advise showering before your fitting appointment.</p>
<p>Event Monitor (7 day monitor) Three ECG electrodes are applied to your chest, connected to a small monitor which will capture every single heart beat for 7 days. A patient diary is issued for you to document daily activities. A button on the monitor enables you to record any symptoms you may have. Duration — two appointments; fitting time — 30 minutes. Removal — 10 minutes. Monitor is worn for seven days.</p>	<p>The monitor cannot get wet. The monitor can be removed for showering/bathing and re-fitted (additional electrodes and skin preparation material provided).</p>
<p>Ambulatory Blood Pressure Monitor (ABPM) A blood pressure cuff is fitted to your non-dominant arm, and connected to a small monitor. This inflates automatically at scheduled intervals to accurately measure your blood pressure over a 24 hour period. A patient diary is issued to document your daily activities. Duration — two appointments; fitting time — 30 minutes. Removal — 10 minutes. Monitor is worn for 24 hours</p>	<p>The monitor cannot get wet. No showering or bathing whilst the monitor is connected - we advise showering before your fitting appointment. Wear a loose, comfortable top for easy monitor fitting and comfort.</p>
<p>Echocardiogram (2D/Doppler Echo) This is an ultrasound of your heart; images are taken using sound waves to view the structure and function of your heart. Duration — 45-60 minutes</p>	<p>No specific preparation required.</p>
<p>Treadmill Stress Echocardiogram This combines an exercise stress test and an echo to enhance the diagnostic accuracy in evaluating the effects of physical activity on your heart. Ultrasound images are taken prior and post exercise to view heart function. Your ECG and blood pressure will be monitored throughout. Duration — 45 minutes</p>	<p>Wear loose comfortable clothes (preferably two-piece) and shoes appropriate for exercise. Fast for 2 hours prior - no food or drink unless otherwise advised.</p>
<p>Dobutamine Stress Echocardiogram This test uses a medication to mimic the effect of exercise on the heart for those unable to exercise on a treadmill. The medication is similar to adrenaline and is infused via a cannula in the back of your hand/arm. The medication is very short acting and side effects are rare and mild. Your ECG and blood pressure will be monitored throughout. Duration — 60 minutes</p>	<p>Fast for 2 hours prior - no food or drink unless otherwise advised. You should have someone drive you home after the test, otherwise you may be required to wait for further observation.</p>
<p>Transoesophageal Echocardiogram This test involves a simple day procedure in a hospital. A probe passed down your oesophagus (food pipe) takes images of your heart. This gives us much higher quality images then are achievable by normal echo. Light sedation and a local anaesthetic ensure minimal discomfort or pain. Duration — 3-4 hours including recovery</p>	<p>Fast for at least 6 hours; no food or water unless otherwise advised. We strongly advise that you do not drive home following the procedure, so please arrange alternate transport.</p>

Further information is available on the 'For Patients' pages of the website at cvs.net.au or please call the CVS team on **1300 887 997** who will be happy to assist you with any queries.



CVS

Cardiology referral pad – only 5 referrals left!

Please re-order by:

- emailing a pad request to adminteam@cvb.net.au or
- fax this slip to **(08) 9389 5322**
- post to **PO Box 710 NEDLANDS WA 6909**

CVS Cardiology pads required _____

CVS Vascular pads required _____

CRS Sleep studies pads required _____

CRS Respiratory testing pads required _____

Any other information we can assist you with _____

Referring Doctor and delivery details